

## THE WISDOM OF PEACE PILGRIM

Overcome evil with good, falsehood with truth, hatred with love.

At a simple level, good is that which helps people; evil is that which hurts people. At a higher level, good is that which is in harmony with divine purpose; evil is that which is out of harmony with divine purpose.

If you realized how powerful your thoughts are, you would never think a negative thought. They can be a powerful influence for good when they're on the positive side, and they can and do make you physically ill when they're on the negative side.

What I want and what I need are exactly the same, and you couldn't give me anything I don't need. Unnecessary possessions are just unnecessary burdens.

We can all spend our lives going about doing good. Every time you meet a person, think of some encouraging thing to say—a kind word, a helpful suggestion, an expression of admiration.

There is a criterion by which you can judge whether the thoughts you are thinking and the things you are doing are right for you: That criterion is, *Have they brought you inner peace?*

If you love people enough, they will respond lovingly. If I offend people, I blame myself, for I know that if my conduct had been correct, they would not have been offended, even though they did not agree with me. "Before the tongue can speak, it must have lost the power to wound."

If you knew the whole story, you would realize that no problem ever comes to you that does not have a purpose in your life, that cannot contribute to your inner growth.

The spiritual life is the real life—all else is illusion and deception. Only those who are attached to God alone are truly free.

Inner peace is found by facing life squarely, solving its problems, and delving as far beneath its surface as possible to discover its verities and realities... Inner peace comes through relinquishment of self-will, attachments, and negative thoughts and feelings. Inner peace comes through working for the good of all.