

Community Notes

News of the Community of St. John Baptist
Vol. XIII No. 2

Fall 2011

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Orders Held in May



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The Community Garden
Produces a Good Crop of
Vegetables for Needy Families



Also Featured:

News of the Sisters, Recent Events, Calendar, and Pets!

The Community of St. John Baptist, Box 240, Mendham, NJ 07945
973-543-4641 www.csjb.org

Renewing Our Ministry

Phase II

CAPITAL CAMPAIGN NEWS

Our Capital Campaign Committee is off to a good start this fall, with the great news that the Morris County Historic Preservation Trust has awarded the Community \$182,266 to continue the renovation projects at the Convent.

This past summer, workers removed dormer windows on the back and side of the Convent. They are being re-leaded and restored. Containers of roof tiles for the Convent have arrived, and the roof will gradually be replaced with new and some reusable tiles. This will be the first time in its 98 year history that the Convent has had a new roof. The roof work will be done over several years.

Other projects slated for the summer and fall will be a sloping walkway in the front and a new underground trench for electrical service.

The New Jersey Historic Trust grant awarded in 2006 has been extended to enable us to complete our projects. With the help of the State, we will be



filling in the underground tunnel that connects the two wings of our Convent. We are sorry to lose this piece of our history, but it has been deemed unsafe by the engineers. A new passageway to the Main Chapel will be created through an unused portion of our basement, providing easy access for wheelchairs.

The window restoration at the Retreat House is almost completed, and we are grateful to all who contributed toward this project.

Remember the Community of St. John Baptist

Planned giving is the means by which persons may make use of their resources by supporting the Community through Bequests, Life Income gifts, Life Insurance, A Life Estate, or Appreciated Property. Income from an Endowment Fund will be available for programs of retreat, worship, education, or special projects, as well as the future support of the Sisters.

For further information, please contact our Business Manager, Maureen Woods, at 973-543-4641 ext. 0, or email office@csjb.org

Dear Associates,

When were you received as an Associate? If you were received more than five years ago, you may not have a copy of the current Manual for Associates. There have been a number of editions of the Associates' Manual all blue in color, but if you have an older one, it is a small booklet about 4"x 5" in size. The current booklet is 5 1/2" x 8 1/2" in size.

More important is the difference in content. A regular refrain that Sisters and Brothers in the Episcopal Church hear is: "We didn't know there were religious orders in the Episcopal Church." What would happen if each of our nearly 400 Associates were to do something to make us better known? Even such a simple thing as posting this newsletter on a bulletin board in your church could help. Tell your friends that you are an Associate of the Episcopal Community of St. John Baptist. If you wear your Associates' medal, people are likely to ask you about it. If you are able to be more ambitious, you might ask a Sister to speak in your church or mention the religious life in sermons or other talks. The new Rule asks that all Associates—lay or ordained—participate in the effort to spread the word about religious life. You could each be the one to introduce a friend to a resource that could prove very meaningful for them.

If you do not have the current Manual for Associates and would like one, there are two versions available. If you would like a paper version, let me know, and one of our Associates will mail you one. If you would like an Online copy, just send me an e-mail at csjb@csjb.org, and I will send it via return e-mail. If you would like both paper and electronic copies, that's fine too. With love and blessings to you all,

Sr. Eleanor Francis, CSJB



MAY MEETING OF ANGLICAN RELIGIOUS ORDERS



Each spring a meeting is held for representatives of the religious orders of the Anglican Churches in the Americas. Though most are in the United States, there are also Anglican Religious in Canada and South America. This past May, the meeting was held in Racine, Wisconsin. Sisters Eleanor Francis and Barbara Jean attended the meeting.

During the meeting, members share stories and information about their convents and monasteries. They plan meetings and workshops, and reach out to each other in mutual support. Many of our religious houses offer retreats, conferences, and spiritual direction. Some members are involved in inner city missions, while others work in parishes. All of us lead lives of prayer, the great calling of the Religious Life.

The Conference of Anglican Religious in the Americas has a website. It can be found by writing www.caroa.net in your search engine. On the website is an inspiring video that explains why some persons feel called to a life of complete prayer and dedication to God, and how to go about exploring a vocation. The website also contains links to all of the religious orders in the Anglican Communion. Please pray for the religious orders of our Church and for us in the Community of St. John Baptist.

OUR SUMMER RESIDENTS

This past summer, we have been blessed with two special guests. In June Michelle LaFrage arrived from Georgia. Michelle had planned to attend the Search Program in August, when a tornado struck the facility where she lived and worked. When she asked, if she could come early, we invited her right away. She has been a welcome addition to our household at a time when many Sisters are on vacation and helpers are few.

Later in the summer a second guest arrived. Liu Ju (Rosemary Liu) came to us from China as part of the Mendham Borough and Township's exchange teacher's program. Rosemary will be in Mendham teaching Chinese to fifth through eighth graders for this school year. We have been happy to help Rosemary adapt to the United States by giving her a temporary home, helping her to travel to New York, and find a car. She is still learning to drive it! Rosemary has now moved to her host family's home for the duration of the school year, but she will be nearby and we look forward to seeing her often. She is pictured here with Michelle as she recently celebrated her birthday.



THE GARDEN OF HOPE: YEAR 3



This year, the Garden of Hope was in full swing, as volunteers came to turn the soil and plant vegetables for the Interfaith Food Pantry in Morristown. Members of the Morristown LDS congregation converged on a hot day in July to help us in this work.

These volunteers also built four more raised beds for additional planting.

This year the garden produced tomatoes, cucumbers, squash, basil, peppers, carrots, beans, onions, and lettuce.

Throughout the summer and early fall, Sr. Linda Clare and

our resident Donna MacKenzie have tended this garden, despite the challenge of frequent rainfall. The workers at the food pantry are always grateful to receive fresh produce, which needy families can rarely afford.

Another blessing of the summer has been that our neighbors have sometimes brought us their extra produce. This has been gratefully accepted and added to the Garden of Hope's contribution to those in need.

CENTERING PRAYER

Every Thursday evening at 7:15, a small group of people comes quietly to the Convent. They take their seats and one of them, a harpist, begins the hour with beautiful music. After a few prayers a hush descends, and the room or the cloister where they sit is filled with the sound of silence. Although few words are spoken during that hour, some of the members have shared their thoughts about Centering Prayer for this newsletter:

“Early evening under the convent portico on Thursdays have expanded my experience of prayer- meditation. Sharing this while giving over to beauty and stillness, harp and poetry grant a glimpse and connection to Great Mystery”.

“For me, Meditation in silence with others is a Holy Communion, whereby we are open to receive, and be joined with others in the mystical body and blood of the Christ Consciousness -- to receive this Light and to share the Light with others; even after we disperse into the night.”

“Centering Prayer is one of the best things about life, if not the best. Sharing Centering Prayer with others in our small group at Community of St. John Baptist is a highlight of my life – I really look forward to it every week! CSJB is the perfect place and the Centering Prayer community there, the perfect group, for sitting and praying together in silence.”

Everyone is welcome at Centering Prayer. There are no signups, rules or duties. Come whenever you can, any Thursday, at 7:15

SILENCE - A PROBLEM OR A GIFT?

BY SISTER LAURA KATHARINE

In many languages including Latin, Greek and Hebrew, there are two different words for silence. The first word points to the absence of sound or noise. "To experience quietness" captures the meaning of this first word. The second word points to something more active, to a more deliberate intention. It suggests actually *keeping* silent by deliberately refraining from speech. In some sense it simply means not talking! There are many impediments to both kinds of silence today.

The modern world is impatient with silence and it certainly doesn't encourage it. As a result, those who yearn for more silence in their lives often have a difficult time of it. Whether they simply seek quietness or something more active, something like "true silence," they face many obstacles. They must try to find adequate time and space to be silent; but they must also confront their own inclinations, habits, and experiences. They must deal with the mental, psychological, and spiritual obstacles to both quietness and silence. Some people, of course, come to realize that they actively choose to avoid silence. Quietness makes them uneasy and they feel that they can't, or don't know how, to be silent. Other people, however, discover that silence is an absolute necessity for them. Most people are probably somewhere in the middle. They try to cope with their noisy surroundings and they struggle with the constant intrusions of our modern technological gadgets and appliances - televisions, computers, cell phones, iPods and iPads. All these things take up both time and space. They distract us and keep our minds preoccupied and unaware.

Nevertheless, the quest for more silence is well worth it. It provides many rewards. Quiet and silence, like the regular experience of a good night's rest, promote good health. (Though, of course, sleep does not count as a time of keeping silent!)

To spend even a short time in a silent place can be refreshing and revitalizing. This is just the first step. Seeking a place for silence must become a habit, a practice, a part of one's "rule of life." Of course, the outside world and our human frailty immediately put obstacles in our way. It is not easy to still the mind so that interior silence can occur. There are no simple tricks of the trade that can make this easy or automatic. It takes much patience, fortitude, and determination.

Those living the monastic or religious life do not have an advantage when it comes to this struggle. The ego and the brain are not easily corralled by anyone, no matter who they are. Religious life does create time and space for silence to happen. Most religious houses keep a "greater" or "grand" silence for about twelve hours each day. During this grand silence, speaking is not permitted, except to deal with emergencies. One might think that living alone would make some of this easier, but usually that is not the case. The temptation to surrender to noisy distractions lurks around every corner. There are many reasons for this. Some of them are practical. It is not always easy to find a place and a time to be quiet. However, there are psychological and emotional obstacles as well. Sometimes people tell themselves, "I just can't do it." However, persistence in this area really can pay off. Quiet and silence are things that need to be experienced first-hand, and one needs to keep at it, to try not to become discouraged. Guidance and assistance can be found, but there is no particular program or set of techniques that work for everybody.

Silence is a gift. It is more precious than gold. Silence can refresh and heal the body; and it is a necessary prerequisite for a vital spiritual life. It is in silence that we seek God; it is in silence that God seeks after us and finds us.

*Come, come, whoever you are,
Wanderer, worshipper, lover of leaving.
It doesn't matter.
Ours is not a caravan of despair.
Come, even if you have broken your vow
a hundred times.
Come, yet again, come, come.
-- Rumi*

NEWS FROM GOOD SHEPHERD HOME

Dear Friends and Sponsors of Good Shepherd Home,
Greetings from the Sisters and children in Cameroon!

Having just returned in July from my two month visit, I want to share the wonderful work God is doing through your monetary donations and prayers.

The children, 35 in Batibo and 80 in Bamenda, are healthy, happy, and anticipating the opening of a new school year in September. Several will start secondary school, 3 will enter university, and Redeemer Primary-Nursery School will continue on the GSH property. Goddy is studying industrial welding in Douala and is hoping for a job on a ship. His teacher raves about his ability and dedication. Some of our children are studying auto mechanics, others accounting, and nursing. Many are undecided on a vocation. These children are the fortunate ones that are able to dream about a future. There are many, many more street children who don't have that opportunity. Our children have also produced a VCD, music and dancing, with the help of a couple from Spain. Hopefully it will be ready for sale in the latter part of January 2012. Proceeds will be used to help fund a secondary school with priority for orphans. Sr. Jane's dream for many years!

Good Shepherd Home has the largest chicken farm in Bamenda and rents a small store in town to sell their goods. Christmas is a season when people all want chicken to celebrate. Sr. Jane has ordered and paid for 12,000 day old chicks to be delivered in late September to be ready for the holidays.

The new bakery is up and producing so well that we are considering a second oven. Our baker, Andréa, was seeking a job and has proved to be intelligent, honest, and kind. For the first time the bakery is seeing a profit. Everyone works hard on the farms and the produce being harvested is plentiful.

Sr. Jane also cares for her neighbors in need. Whether they come to seek advice, prayers, food, and medicine for an ailing family member, or money for their children's education, they are never turned away!

God Bless you all for your part in this awe inspiring ministry! Look forward for the next edition of GSH news on line or by mail if you would prefer.

This comes with our love and many prayers in thanksgiving for your prayers and support.

Sr. Mary Lynne, Sr. Jane, The Benedictine Sisters of Bethany, and all our children in GSH



ST. JOHN BAPTIST SCHOOL ALUMNAE REUNION AND ALUMNAE VISITS

Our annual Alumnae Reunion was held on June 26. Those attending were Marjory Watts Hopper'67, Stephanie Napoliello Hendry'72, Karen Augustine Miller'65, Liz Cumming Gheno'68, Jane Watts Hanson'72, Pam Finn Nelon'69, Chris Brodeur MacClellen'72, and Susan Bernthal'82., Nancy Johnston Lanko, Lynn Wilder Mullin'65

Alumnae also attended Commemoration Day, a day of celebration for Sisters, Associates and Friends. This event was held on June 25, the day before the Reunion. Alumnae who attended were Joyce Bearden McGirr'61, Mary Ann Lewis Renn'61, Pamela White Hull'64, and Ellen Kohn Perry'80.

Other summer visitors have included Julia Petersen Philiky'57, and Pamela Warntz' 70, Kit King Rockwell'41, Pascale Shostal'83, Mary Ann Lewis Renn'61 brings her grandchildren to see the pony.

More complete summaries about the Alumnae will appear in the *Alumnae News*, which will be published later in January.



TOP ROW:
Jane Watts Hanson'72
with daughter, Kane
and grandson; Sr.
Suzanne Elizabeth,
Chris Brodeur
MacClellen'72, Pam
Finn Nelon'69,

SECOND ROW:
Sr. Barbara Jean,
Margie Watts
Hopper'67, Lynn Wilder
Mullin'65, Karen
Augustine Miller'65

OBLATES RENEW PROMISES



At an early September meeting, seven Oblates renewed their commitment to a Rule of Life. Those pictured are Virginis McLeod, Carolyn Dunham, Pat McKenzie, Lily Altamura, and Doug McKenzie. Kit King Rockwell (SJBS '41) also renewed her Promise.

The Oblates, who are also Associates, commit each year to daily prayer and reading, having a spiritual director, making an annual retreat, attendance at Oblate meetings, and serving the Church and the Community of St. John Baptist. Any Associate wishing to become an Oblate please contact Sr. Eleanor Francis.

REST IN PEACE

ASSOCIATES:

The Rev. Alva Decker

Alva Decker died on March 24, 2011. He had become an Associate in 1962. In the same year, he became vicar of the Church of the Good Shepherd in Ringwood, where he worked with poor residents of the area, and was later honored by the Johnson administration for his active participation in the War on Poverty there. In later years he served churches in Connecticut. He is survived by Mary, his wife of 59 years, and his children and grandchildren.

B. Preston Root

Preston Root died on August 7, 2011 at age 105. Mr. Root was married for 72 years to his wife, Elinor, and the two of them were members of the Church of the Redeemer in Morristown since 1943. He became an Associate in 1995. Mr. Root was a member of the St. John Baptist School Board for many years, and his daughter Elaine was a student at the School. He was a member of numerous organizations and served on many boards in the area. He is survived by his children Elaine and Preston, three grandchildren, and three great-grandchildren.

ALUMNAE:

Sandra Grant Stahr '60

Sandie Grant Stahr left this world on June 4, 2011. Sandie, born in Orange, N.J., came to the School in 1957. In 1962, she graduated from Centenary College, raised her family, and over the decades won many medals competing in triathlons, including the United States Triathlon Series, and Hawaii Ironman in Kona, which involved a 2.4-mile ocean swim, a 112-mile bike and a 26.2-mile run. She loved kayaking, and ran a direct mail advertising business in Florida. She will be greatly missed.

Elizabeth Ambler Monroe '60

Betty Ambler Monroe Left this world on July 4, 2011, after a long illness. She was surrounded by members of her family as the end came, and her ashes were interred on August 9 at the Arlington National Cemetery. Several of her classmates have sent notes of remembrance to us and to her husband, Alexander. May she rest in peace.

Rebecca Byrd Burkhart '72

Becky Byrd Burkhart passed away on May 1, 2011 after a difficult battle with cancer. Becky worked at the Verona Public Library (in her home town) for many years, and, with her husband Ed, was active at Christ Episcopal Church in Budd Lake. She and her roommate Chris Brodeur MacClellan '72, with their husbands, have been an important part of that congregation. Three of her classmates, Pat MacWhorter Miglio, Stephanie Napoliello Hendry, and Chris attended her funeral. Becky leaves two children, Ben and Debbie.

So when thou com'st in glory to gather in thine own, and we shall stand in judgment before the great white throne, Then place us at thy right hand, and hearken to our prayer, of St. John Baptist School girls, let none be missing there.

From the Animal Kingdom

Hello Friends,

The long, lazy days of summer are coming to an end and it is getting dark much earlier now. My person has not traveled in awhile and I am grateful for that. We have spent our time together on the fourth floor in quiet reflection. I turned 12 this year and find I am content to nap lying in patches of sunlight or curled up in my favorite chair. I am primary companion to my person. We have our "coffee" (just a wee bit of milk for me) and morning prayers together. I leave the apartment to check my territory. I must make sure that everything is in its place and as it should be. Then I return to the fourth floor for meditation and more napping. We have had workman banging and carrying on and I have been spending more time indoors than usual. The other day I heard them as I went to the top of the stairs ready to make my morning rounds, not being able to identify the danger I went into protection mode. My tail puffed up and I began growling to warn my person of whatever this danger might be! It took awhile for my tail to deflate. . . . as my person reassured me that there was little danger just a lot of noise. I take my job as protector very seriously since our beloved Petie is gone. I've heard some whispers of dog talk--- wouldn't mind sharing the house as long as the new resident is smart! *Love and Purrs, Jack*



PONY'S POINT OF VIEW



Greetings, everyone... hope your summer was a good one. It really wasn't as bad as New Jersey summers go. We always had some cool days and nights that seemed to break up the typical humidity that we usually get. But lots going on here at the convent! It seemed men were climbing all over the building, and quite frankly I didn't know what they were doing. As the days wore on, there was hammering and clanking of metal. Now in the back and the side of the building there is a metal structure with stairs going up and walkways. They started taking out some windows last week! At first it was upsetting, because I didn't know what they were doing to my beloved convent. But the sisters didn't seem to be concerned, so I just went back to my grazing. Then there was all that rain and wind! Just about when we thought it was over, in the afternoon when the sun was trying to come out, the wind picked up. At one point, the twigs and leaves were going around and around in a circle, and trees snapped, branches fell. I was in the larger

area out back, but there were a few trees that fell near my shed. I really thank God for Ken and his son Ryan for all the work they do. Ken had to force one of the trees with ropes, pulling on it so it would fall to the ground. And he then cuts up the trees, stacking them, and Ryan was out there with a leaf blower. It looks really nice again, and I feel comfortable and safe once more...Have a wonderful autumn... remember to take time to walk on a crisp clear day, shuffling through the leaves. There's so much to be grateful for, isn't there? The Presence of God is everywhere...

Love, PONY

'THINKING INSIDE THE BOX'

By Kookie, the New York Cat

Hi! My humans are starting to understand my feline fascination with boxes, all shapes & sizes. Boxes are great for toy storage as well as for naps. It's so satisfying to curl up inside a box which is just the right size. Imagine my delight when my humans received the purrfect box in the mail and gave it me rather than put it in the trash.

At first, all I did in MY BOX was to take naps. I felt so secure! I just fit, and the flaps provided head support. What more could I ask? It felt like a new and unusual place for napping. Sleeping on the futon or beds gets boring after a while.

Recently, my humans bought me a new ball. It is small, bouncy and is yellow with black spots like a soccer ball. How did my humans come to know that cats are first-rate soccer players? The best game of all happens when my humans put MY NEW BALL in MY BOX.

I have great fun getting it out and dashing around the room. 'I'm a one cat soccer team!

My advice: If you are feeling boxed in, find a new way to use your box. "With God, all things are possible."



Save the date!

On April 30, 1913, Ascension Day, the cornerstone of the Convent of St. John Baptist was laid.



On Saturday, April 27, 2013 we plan to celebrate our 100th anniversary. Stay tuned for details.

CELTIC JOURNEYS 2012

IRELAND MAY 6-16

Please join us for yet another journey to the Emerald Isle. Many have gone with us before, and returned saying it was beyond all their expectations. Indeed, a dream come true... Come with us... Ireland beckons.

Dublin
Choral Matins at St Patrick's Cathedral,
Book of Kells, National Gallery
Glendalough
Rock of Cashel
Cobh Blarney
Ring of Kerry
Dingle Peninsula
Cliffs of Moher
the Burren Galway
Connemara
Kylemore Abbey
Aran Islands
Clonmacnoise



PHONE: 973 543 4641 EXT 4
EMAIL: info@celticjourneys.org
WEBSITE: www.celticjourneys.org

CORNWALL AND ENGLAND'S SOUTHWEST SEPTEMBER 9-18

From bustling Bristol to the quiet lanes of Devon, from the rugged coasts of Celtic Cornwall to the very English apple orchards of Somerset, the Southwest of England has a flavor all its own, and a distinct accent to match. Come with us!

Winchester
Exeter Cathedral
Dartmoor National Park
Bodmin
St Ives Penzance
St Michaels Mount
Salisbury Glastonbury
Wells Bath
Stonehenge Avebury
Windsor

Community St John Baptist

PO Box 240

Mendham, NJ 07945

Coming Events

CONVENT OF ST. JOHN BAPTIST: *Fall 2011*

82 West Main Street, Box 240, Mendham, NJ 07945 973-543-4641 CSJB@csjb.org www.csjb.org

CENTERING PRAYER **Thursdays 7:15 - 8:30 p.m.** Join us for a quiet hour and learn a new way to pray. Centering Prayer is a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God's presence within us, closer than breathing, closer than thinking, closer than Consciousness itself. For info, call Sr. Barbara Jean 973-543-4641 ext. 1 or srbj@csjb.org.

LABYRINTH WALKS **Sept, 10, 24; Oct. 8, 22; Nov. 5, 19; Dec. 3, 17; Jan. 7, 21; Feb. 11, 25, 2-4 p.m.** Walk our labyrinth and learn about this ancient way of prayer. Phone Sr. Barbara Jean or e-mail srbj@csjb.org Meet at the white Convent Building.

FABRIC OF FAITH **1st and 3rd Thursdays, 10-3.** Learn about ecclesiastical embroidery and the preservation of church vestments. \$10 includes lunch. Contact Sr. Suzanne Elizabeth at srse@csjb.org or 973-543-4641 x 5.

EDUCATION FOR MINISTRY **Thursdays, beginning September 16, 9:00-12 noon.** Begin a 4-year course on scripture, church history, theology. Mentor: The Rev. Mark Waldon. New members welcome in September and October

THE STRANDS OF LIFE: A Retreat for New and Experienced Spinners and those who Work with Yarn - Oct. 18-20. Learn from experienced spinners and share your skills. Materials provided for new crafters. Good conversation with Chaplain Linda Carlson-Scholer. Come and learn! \$250 for 2 nights, 6 meals & honorariums. Sliding scale for commuters. Contact Donna Mackenzie at donnaspinner@gmail.com

IN THE SPIRIT...IN LAUGHTER **Saturday, October 22, 9-3 with Ray Owens, M.A., "Edutainer."** Experience the importance of laughter for spiritual renewal and personal health and well-being. A unique opportunity. Contact Sr. Pamela at 973-543-4641 ext. 9 or sr-pamela@csjb.org.

TOWARD SPIRITUAL MATURITY: Desire, Spirit and Inner Conversation - Conducted by Dr. Kathryn Madden, Saturday, October 29, 9:30 a.m.-12:30 p.m. The path to spiritual maturity involves increased awareness of the inner movement of desire and spirit in our psyches. Using the map of Jungian psychology, we will follow the thread of deep longing in our images and dreams into dialogue with the shadowy corners of our psyche and the acting out of our bodies. \$45. **To register, call Interweave at 908-277-2120 or online at www.interweave.org.**

ICON WRITING RETREAT **Dec. 2-4, Fri. Noon - Sun. 4.00 pm, led by Patricia Miranda, Founder and Gallery Director, Miranda Fine Arts, Port Chester, NY.** \$315 (Full Board) Day only \$260 (meals included) All materials provided. For more information contact Sr. Pamela at 973-543-4641 X 9, sr-pamela@csjb.org.

THE EPIPHANY PARTY! **Sunday, January 8, 7:30 p.m.** This event is for old and new friends of the Community. Enjoy an evening of music and fellowship with the Sisters. Bring a dessert!

WINTER SEARCH PROGRAM **For those seeking God's Call in their lives**
February 17-20, 2012. A Live-in with the Sisters to experience the Religious Life. Write or e-mail Sr. Barbara Jean 973-543-4641 ext. 1 or srbj@csjb.org

COMING HOME AGAIN: **A Day Retreat to Reconnect with Nature conducted by Fletcher Harper: Saturday, February 25, 2012. 9:30 - 3:30 p.m** In this contemplative retreat for people of any spiritual tradition, we will, through discussion and experiential exercises, practice reconnecting with our roots in nature. Fletcher Harper, one of the nation's premier interfaith environmental leaders, will give you the opportunity to recall and discuss outdoor spiritual experiences, and to learn basic outdoor meditation techniques. Presentation, discussion, silence, and a shared midday lunch. **\$50**

SERENITY: A WAY OF LIFE: **Sat. Mar. 3, 9 a.m.-3 p.m.** Are you struggling with depression or anxiety? Does it feel as if you have no time for you in your life? Come to a workshop with Ruth Altamura Roll, MA, NCC. LCP a Licensed Professional Counselor. Info: sr-pamela@csjb.org 973-543-4641 ext. 9. \$65 includes lunch.

Community of St. John Baptist
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*FALL
NEWSLETTER*

We have gone Green and wish to go greener!
Please let us know if you would prefer to have the Newsletter sent to you by email.
Please respond to: office@csjb.org

SPECIAL EVENTS

THE STRANDS OF LIFE - October 18-20
A Workshop for Spinners and Those who Work with Yarn

IN THE SPIRIT...IN LAUGHTER - October 22, 9-3
With Ray Owens, M.A., "Edutainer."

TOWARD SPIRITUAL MATURITY October 29, 9:30
Desire, Spirit and Inner Conversation – Conducted by Dr. Kathryn Madden

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Led by Patricia Miranda

THE EPIPHANY PARTY! Sunday, January 8, 7:30 p.m.

Check Calendar inside for details