

Schedule for Sisters of the Community of St. John Baptist

<u>SUNDAY</u>	
6:00 AM – 7:00 AM	Praying the Angelus privately, then Private Prayer and/or reading
7:00 AM – 7:30 AM	Lauds
7:30 AM – 8:15 AM	Eucharist
8:15 AM – 9:00 AM	Breakfast
9:30 AM – 9:45 AM	Terce
9:45AM – 10:00 AM	Conference (short Community meeting after Terce)
10:00 AM – 11:55 AM	Work
11:55 AM – 12:00 PM	Praying the Angelus Silently
12:00 PM – 12:20 PM	Noonday Office
12:30 PM – 1:00 PM	Dinner
1:00 PM – 4:45 PM	Work
4:45 PM – 5:20PM	Vespers
5:20 PM – 5:55 PM	Private prayer and/or reading
5:55 PM – 6:00 PM	Praying the Angelus silently
6:00 PM – 6:30 PM	Supper
7:15 PM – 8:00 PM	Recreation
8:00 PM – 8:30 PM	Informal Compline in the Convent library

MONDAY

Sisters' Sabbath Day No Services

<u>TUESDAY</u>	
6:00 AM – 7:00 AM	Praying the Angelus privately, then Private Prayer and/or reading
7:30 AM – 8:00 AM	Lauds
8:15 AM – 9:00 AM	Breakfast
9:00AM – 11:55 AM	Community Meeting
11:55 AM – 12:00 PM	Praying the Angelus Silently
12:00 PM - 12:20 PM	Noonday Office
12:30 PM – 1:00 PM	Lunch
1:00 PM – 4:45 PM	Work
4:45 PM – 5:20PM	Eucharist
5:20 PM – 5:55 PM	Recreation
5:55 PM – 6:00 PM	Praying the Angelus silently
6:00 PM – 6:30 PM	Dinner
7:15 PM – 8:00 PM	Private prayer and/or reading.
8:00 PM – 8:30 PM	Compline

<u>Wed, Thurs, Fri, Sat.</u>	
6:00 AM – 7:00 AM	Praying the Angelus privately, then Private Prayer and/or reading
7:30 AM – 8:00 AM	Lauds (Please note: Lauds is at 7:00 AM on Class I and II Feasts.)
7:30 AM – 8:15 AM	Eucharist (Please note: Eucharist is at 7:30 AM on Class I and II Feasts.)
8:15 AM – 9:00 AM	Breakfast
9:30 AM – 9:45 AM	Terce
9:45AM – 10:00 AM	Conference (short Community meeting after Terce)
10:00 AM – 11:55 AM	Work
11:55 AM – 12:00 PM	Praying the Angelus Silently
12:00 PM - 12:20 PM	Noonday Office
12:30 PM – 1:00 PM	Lunch
1:00 PM – 4:45 PM	Work
4:45 PM – 5:20PM	Vespers
5:20 PM – 5:55 PM	Recreation
5:55 PM – 6:00 PM	Praying the Angelus silently
6:00 PM – 6:30 PM	Dinner
7:15 PM – 8:00 PM	Private prayer and/or reading
8:00 PM – 8:30 PM	Compline